



Year 11 PSHE Plan

Term 1		Term 2		Term 3	
Lesson 1	Ways to well-being – post Covid/	Lesson 8	Different types of families	Lesson 14	Menopause
Lesson 2	Happiness 1	Lesson 9	Domestic abuse	Lesson 15	Happiness 2
Lesson 3	Dealing with stress	Lesson 10	Forced Marriage	Lesson 16	
Lesson 4	Work/ Life balance	Lesson 11	Assertive communication in relationships	Lesson 17	
Lesson 5	References/ Personal statements	Lesson 12	Choices in pregnancy	Lesson 18	
Lesson 6	CVs	Lesson 13	Fertility	Lesson 19	
Lesson 7	Post 16 applications				

Health and Well-Being

Relationships

Living in the Wider World

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