

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	DATES for WEEK 1:	MAIN COURSE COUNTER LUNCHTIME ONLY				
		Sausage & fresh tomato sauce pasta bake or sweetcorn & red pepper tomato pasta bake served with fresh salad & garlic bread	Chicken burger in a wholemeal bap or veggie burger in a wholemeal bap served with curly fries, onion rings & coleslaw	Chilli con carne or vegetable chilli served with sweetcorn + red pepper rice & cheesy topped nachos	Meat feast pizza slice or cheese & tomato pizza slice served with potato croquettes & fresh coleslaw	Chicken goujons or quorn sausages served with spicy potato wedges & baked beans
WEEK 2	DATES for WEEK 2:	MAIN COURSE COUNTER LUNCHTIME ONLY				
		Macaroni cheese with bacon or macaroni cheese served with fresh salad & focaccia bread	Cottage pie topped with creamy mash or cheese & potato pie served with green beans & carrots	Sweet & sour pork or sweet & sour Chinese vegetables served with egg noodles & prawn crackers	Chicken strips in a wrap with bbq sauce & cheese or vegetable strips in a wrap served with bbq sauce with potato slices & salad	Baked pork sausages or mini cheese & onion pasty served with spicy potato wedges & baked beans
WEEK 3	DATES for WEEK 3:	MAIN COURSE COUNTER LUNCHTIME ONLY				
		Chicken curry or vegetable curry served with pilau rice & mini naan bread	Lasagne or vegetable lasagne served with fresh salad & ciabatta bread	Ham & cheese turnover or cheese & red onion turnover served with curly fries, peas & sweetcorn	Beef burger in a bap or veggie burger in a bap served with hash browns, salad & coleslaw	Chicken chunks or quorn sausages served with spicy wedges & baked beans